

1st August, 2020

To,
The Faculty

Subject: Utilization of online learning resources developed by NIRMAN for the nurturance of young students and professionals in your institute / university

Dear Sir/Madam,

[NIRMAN](#) is a youth leadership development initiative conceived by Padma Shri [Dr. Abhay Bang](#) and [Dr. Rani Bang](#), and jointly run by [SEARCH](#) and [MKCL](#) since 2008. The goal of the NIRMAN program is to sensitize and nurture young students and professionals as budding social changemakers. NIRMAN encourages the youth to find a broader purpose to their lives beyond simply earning money, inspires them for social action and cultivates a vibrant and supportive community of such likeminded youth.


Since its inception, a total of **1419 participants** have been through the NIRMAN process in the **10 batches** so far. The regional spread involves all the **36 districts of Maharashtra** and **18 other states**. Medical and engineering students make up two thirds of the total participants, and rest are from diverse backgrounds ranging from theoretical physics to chartered accountancy, from fine arts to agriculture, and from social work to management. The age group for participation in the program is **18 – 28 years**. There is a strong representation of participants from various esteemed institutions like AIIMS Delhi, AIIMS Raipur, AIIMS Rishikesh, IIT Bombay, IIT Delhi, IIT Madras, IIT Indore, IIT BHU, VNIT, VJTI, COEP, IISER Pune, IISER Bhopal, IISc Bangalore, IIM Indore, ILS Law College Pune, TISS Mumbai, NID Ahmedabad & from 18 Govt. Medical Colleges in Maharashtra. Every year, NIRMAN does a rigorous [selection process](#) involving a written application form, an interview and assignments. From 1000+ people who apply, 180 are selected to be part of the batch, and are taken through a series of three residential training [workshops](#) of 8 days each, spread across a period of next one year.

Around **115** national and international [resource persons](#) have been associated with the NIRMAN process including eminent dignitaries like Dr. Ganesh Devy, Ramchandra Guha, Dr. Rajendra Sing, Dr. H. Sudarshan, Yogendra Yadav, Harish Hande, Dr. Richard Cash, Dr. Anil Awachat, Mahesh Elkunchwar, Nileema Mishra, Girish Sohani, Rukmini Banerjee, Vivek Sawant and Dr. Bangs.

Over the years, around **390 NIRMAN alumni** have worked full time on specific social challenges at various places in India with over [100 different social organizations](#), and have contributed more than **1100 person-years** of social action so far. The case studies of impact [created in](#) and by the NIRMAN [participants](#) span a wide array from changing the state health policy, starting a farmers' cooperative in Dantewada, discovery of a native cattle breed, being the only psychiatrist in a tribal district with 1.2 million population, translating and publishing in Marathi books by Nobel laureates, 3 IAS officers serving in MP and Maharashtra, a CA working as the CFO of a grassroots NGO, 4 patents filed for appropriate technology solutions, doctors serving on remote PHCs, etc.

NIRMAN has developed a **unique educational process** and an **exciting content** that contributes to the development of these young people who eventually become active & effective agents of change.

We wish the students all the best for their professional life and sincerely hope that they will build on the lessons from the learning material in NIRMAN and contribute to the development of the society.



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NIRMAN Online Learning Bank

The following material can be useful for all young people in general and those belonging to the disciplines of Social Work, Media Studies, Journalism, NSS in particular. We encourage the faculty to share these resources widely with their students and also use it in the classrooms as a teaching aid or as a supplementary homework material. Various resources from this learning bank can also be used during NSS workshops and gatherings.

A) Self Reflection and Assessment:

1. [NIRMAN Youth Purpose Questionnaire](#): Purpose is one of the most important parameters of youth flourishing. In the words of Harvard Business School Professor Clayton Christensen, “It’s the single most useful thing I’ve ever learned.” NIRMAN has developed a systematic tool – a first of its kind in India online questionnaire – to help young people find out where they are in their purpose journey. The participants get a personalized report in the email box along with suggestions for taking next steps.
Link: https://docs.google.com/forms/d/e/1FAIpQLSdPJ49buUxyPBvk8o0ymenUJTvoEOEkvb_ejerp8AEYFUni6w/viewform
2. [About Self and Society](#): Being able to self-reflect, critically analyze issues in the society and articulate one’s point of view are crucial abilities for any young person. The questions in this application form will enable the youth to do exactly that.
Link: https://nirman.mkcl.org/doc/NIRMAN_Application_Form_N11.pdf

B) Educative Videos:

Getting to engage with bright minds and exciting ideas is one of the best ways of developing one’s own thought process. This curated list of sessions conducted by eminent social changemakers, thinkers and leaders will help the youth widen their understanding about social reality, create an inquiry in their minds about different social challenges and bring to their attention various approaches of solving them. The content in these videos is in variety of languages including Marathi, Hindi and English.

1. Dr. Abhay Bang: Understanding and Fighting the Challenge of Alcohol
Link: <https://youtu.be/KhZeXwLORgl>
2. Dr. Abhay Bang: Nayee Talim Model of Education
Link: <https://youtu.be/DZLFGwH4GzA>
3. Satyajit Bhatkal: Story of Paani Foundation
Link: <https://youtu.be/gY8-DcGMXSs>
4. Yogendra Yadav: Idea of India
Link: <https://youtu.be/dHoaWG-iAbw>
5. Padma Shri Ganesh Devy: The Future of Humanity
Link: <https://youtu.be/iVWZiQiZUBI>

6. Prof. Kenwyn Smith, University of Pennsylvania: Story of MANNA to Fight AIDS
Link: <https://www.facebook.com/nirmanforyouth/videos/nirman-dr-kenwyn-smith-addressing-the-nirman-youth-at-search-gadchiroli/638806480218910/>
7. Prof. A. K. Shiva Kumar, Economist, Harvard: India's Growth Story
Link: <https://youtu.be/13rS2-NjyQA>
8. Prof. A. K. Shiva Kumar, Economist, Harvard: Assessment of Well-being
Link: <https://youtu.be/r5WM2iiIDnM>
9. Prof. A. K. Shiva Kumar, Economist, Harvard: Women's Position in India
Link: <https://youtu.be/jqVRluaZnjY>
10. Dr. Milind Bokil: Forest Rights Act
Link: <https://youtu.be/JDv5pFaK2YQ>
11. Dr. Milind Bokil: Who are the Original Indians?
Link: <https://youtu.be/RtxeiKiLz24>
12. Dr. Milind Bokil: Understanding Mahatma Gandhi
Link: <https://youtu.be/DqzLCEgwOJM>
13. Prof. Milind Watve: Scientific Approach of Social Problem Solving
Link: <https://youtu.be/D6aABmZ4rAU>
14. Prof. Hitesh Bhatt, Director IRMA: The New Normal
Link: <https://youtu.be/82G5X0-awDo>
15. Madhukar Banuri, Founder – Leadership for Equity, Ashoka Fellow: What Have I Learned from Social Sector?
Link: <https://youtu.be/3qTfq1SG4Fc>
16. Dr. Abhay Bang: What Can Young People Do Against Corona?
Link: <https://youtu.be/-x6jT0Tk24c>
17. Dr. Abhay Bang: Convocation Address at the Development Management Institute, Patna
Link: https://youtu.be/xWn7uoN_rRY
18. Dr. Abhay Bang: Aarogya Swaraj
Link: <https://youtu.be/NXfUMvIfMK0>
19. Swadharm: Motivational Song Written, Composed and Played by NIRMAN Alumni
Link: <https://youtu.be/7FNIFoSpdGA>
20. Book Review: Factfulness by Hans Rosling
Link: https://youtu.be/7CPwt_etWx8

C) Articles:

This compilation of thought provoking articles will be useful in bringing diverse life perspectives in front of the students and will encourage them to think deeper about their future journey and the choices they will be making.

1. सेवाग्राम ते शोधग्राम - डॉ. अभय बंग
https://nirman.mkcl.org/doc/downloads/articles/Sewagram_te_Shodhgram_i.pdf
2. महाराष्ट्रातील बालमृत्यू व कुपोषण - डॉ. अभय बंग
https://nirman.mkcl.org/doc/downloads/articles/maharashtratil_baalmrutyu_Abhay_Bang.pdf
3. सामाजिक काम आणि त्याचे 5 आधार - डॉ. आनंद करंदीकर
https://nirman.mkcl.org/doc/downloads/articles/Kam_ani_tyache_5_adhar.pdf
4. संजीवक शेती - अशोक बंग
https://nirman.mkcl.org/doc/downloads/articles/Sanjeevak_Sheti_Chhetana_Vikas.pdf
5. या जीवनाचे काय करू? - डॉ. अभय बंग - साप्ताहिक साधना
https://nirman.mkcl.org/doc/downloads/articles/Ya_jeevanache_kay_karu.pdf
6. जीवनाचा मार्ग कसा निवडू? - डॉ. अभय बंग
https://nirman.mkcl.org/doc/downloads/articles/Jeevanacha_marg_kasa_nivadadu.pdf
7. विनोबा: नवे आकलन - डॉ. अभय बंग - साप्ताहिक साधना
https://nirman.mkcl.org/doc/downloads/articles/Suli_Dilela_Sant_Vinoba_Nave_Akalan_Sadha_na.pdf
8. Faced with today's crisis, what would Gandhi do? – Dr. Abhay Bang – The Lancet
<https://nirman.mkcl.org/doc/downloads/articles/What-Would-Gandhi-do.pdf>
9. How alcohol and tobacco cause poverty – Dr. Abhay Bang – The Wire
<https://thewire.in/health/how-alcohol-and-tobacco-cause-poverty>
10. Research, for whom? – Dr. Abhay Bang – India Development Review
<https://idronline.org/putting-people-heart-research/>
11. On research and action – Jean Dreze – Economic and Political Weekly
https://nirman.mkcl.org/doc/downloads/articles/G_On_Research_and_Action.pdf
12. The why of social sector – Amrut Bang – Down To Earth
https://nirman.mkcl.org/doc/downloads/articles/Why_of_Social_Sector_Amrut_Bang.pdf
13. Finding your social purpose – Amrut Bang – India Development Review
<https://idronline.org/finding-your-social-purpose/>

